## **OAKLANDS MEDICAL CENTRE**

## Would you like to collect all your regular repeat items at once?

We can synchronize your repeat items so that they can all be ordered at the same time.

## How do we synchronize your prescriptions?

We need to know how many tablets or capsules of each medicine you have. Fill out the sheet below and return to us, either by emailing to <a href="mailto:cheshireccg.oaklands@nhs.net">cheshireccg.oaklands@nhs.net</a> or leaving in the prescription box at the surgery. We can then work out how many tablets or capsules of each you need to bring the quantities into line with each other.

## Will this work for all of my medicines?

This will work best for your tablets and capsules that you take regularly. Prescribed medicines that are taken only "as needed" are more difficult to bring in line. However, please include these items in your count sheet and check the expiry dates.

Name:	Date of Birth:	
Name of Medicine	Dose	Amount remaining on: