

THE HUMBLEYARD PRACTICE

PATIENT NEWSLETTER

AUTUMN 2022

Long Term Conditions (LTC)

Sometimes referred to as Chronic Disease Management – these are conditions such as asthma, diabetes, COPD or high blood pressure.

Supporting patients with LTCs can lead to a better quality of life.

In your birth month we will invite you for an annual review of your condition. When we contact you, it is important that you book an appointment and attend.

Welcome

Welcome to the first edition of our patient newsletter for some time. We hope to use the newsletter to keep you informed of any changes to the practice which we think might interest you. For example, new staff, campaigns, or services available to patients through primary care.

The landscape of general practice is changing. Our clinical team has expanded over the last 12 months or so introducing health professionals who work alongside our doctors seeing and treating a lot of the day-to-day minor ailments.

Over the next few editions, we would like to introduce you to members of the team you may not have come across, some providing new “in-house” services which previously did not exist, at least not for some time. These include Mental Health Practitioners, Clinical Pharmacists, First Contact Physiotherapists and Physician’s Associates



Spotlight on Reception

Working in a GP practice has always been a challenging job, the demand for appointments will always outweigh what we can provide.

It is not news to anyone that there is a shortage of doctors, it is well documented in the media. With the new clinical roles available to us (as mentioned above) it is important that we utilise the skills provided by our Physician’s Associates, Advanced Nurse Practitioners and First Contact Physiotherapists (to name just a few), alongside our extensive and skilled nursing team.

So, when you contact us for an appointment, we will ask questions about your condition as we are requested to by our doctors, to ensure we direct to the most appropriate clinician within the team. Please help us to help you by providing as much information as possible for the clinical team prior to your appointment.

Flu Season

Flu season will commence at the end of September. If you are eligible for a free flu vaccination (click on the link below to check) <https://www.gov.uk/government/publications/national-flu-immunisation-programme-plan/national-flu-immunisation-programme-2022-to-2023-letter#eligibility> we will contact you probably by text to call you in for your vaccination. So please make sure we have an up-to-date mobile telephone number for you.

New Staff

We have quite a few new clinical staff in our team, including doctors, so please visit our website and have a look <https://humbleyard.nhs.uk>

We have also expanded the number of clinical roles within the team to now include onsite First Contact Physiotherapists, Mental Health Practitioners, Clinical Pharmacists, and a Physicians Associate.

Over the next few editions, we will focus on a new team member and explain a little about their role in the practice. In this edition we would like to introduce you to Teresa Rush. Teresa is a physicians associate and works across all 3 of our surgeries.



My name is Teresa I have lived in Norwich for almost 10 years. I have a Biological Sciences degree from the University of East Anglia. After my undergraduate degree, I went straight into my masters studying for a further 2 years to become a Physician Associate (PA). I qualified in March 2022 and working for The Humbleyard Practice is my first job as a qualified PA.

In my role I am a medically trained, generalist health care professional, I work along doctors and other clinicians to provide care and support to patients. I see patients with both acute and chronic conditions, take histories, investigate, diagnose, treat, and manage patients with the support of a designated GP supervisor. The role is both challenging and rewarding, I get to see and help people from all walks of life, and I thoroughly enjoy it!

Please Cancel Unwanted Appointments

If you no longer need your appointment, please contact us either by telephone or via our website <https://humbleyard.nhs.uk> to cancel it. So please be considerate of others patients who may need your appointment and let us know if you are not going to attend. Thank you.

