Carers Support Pledge

The practice will seek to support you as carers by:-

* Having a nominated Carers Lead GP, Dr Christopher Holdridge, to champion your cause and co-ordinate activities in relation to your care and support
* Recognising that you may need help in your caring role and in maintaining your own health and wellbeing
* Respecting, involving and treating you as experts in care
* Showing understanding of your role, and offering suitable flexibility with appointments (prioritisation, longer appointments) for yourselves and the ones you care for
* Providing care, health checks and advice, offering you relevant health screening and doing our upmost to maintain your physical and emotional health and wellbeing
* Seeking your views about how we currently support carers and how we might improve our support to you in future.
* Systematically encouraging you to have an annual flu vaccination. This also applies to young carers aged 8 and over.
* Giving you the opportunity to be referred to local carers organisations and/ or local authority for information, advice and support
* Providing information and local carers support services/ contact points by means of leaflets, posters and contact lists
* Offering you home visits and/ or telephone appointments if caring responsibilities mean you cannot leave the person at home or bring them with you to the surgery.
* Advising you on safer lifting and other aspects of providing care such as medication.
* Providing you with information about the condition and needs of the person you care for, such as the effects of medication, where that person gives consent
* Being aware of the impact that your ill-health may have upon the person you are caring for.
* Actively promoting Carer’s week annually.