## The following services are now available in your GP practice

#### Clinical pharmacists

Our clinical pharmacists answer questions about your medicines and discuss how to get the best results for your health and lifestyle needs.

Additional support they can provide;

- Medication side effects
- Over the counter products
- How to take different medications
- Interactions with multiple medicines
- Different ways to access your prescriptions

Our pharmacy team advice on medication in the local care homes too

#### Pharmacy technician

Our pharmacy technician helps us to identify and prioritise patients who benefit the most from speaking to our pharmacists. They liaise with community pharmacies and make the whole process of ordering and collecting your prescription more efficient. They help reduce waste and support safety audits.

#### Social prescribing link workers

- Your social prescriber will talk with you to understand your needs and discuss what help and support is available
- If you have a problem that is not medical, the social prescriber can connect you to appropriate support and find ways for you to feel more in control of your health and wellbeing and a part of your community.
- You can be referred to a social prescriber by your GP or any other member of staff at your practice

#### **Our GP Practices**

#### **Biddulphdoctors**

Biddulph Primary Care Centre, Wharf Road, Biddulph, ST8 6AG www.biddulphdoctors.nhs.uk

Tel: 0300 404 2988

#### **Biddulph Valley Surgery**

Biddulph Primary Care Centre, Wharf Road, Biddulph, ST8 6AG

www.biddulphvalleysurgery.nhs.uk

Tel: 0300 404 2987

#### **Leek Health Centre**

Fountain Street, Leek, ST13 6JB www.leekhealthcentre.co.uk

Tel: 01538 381022

#### **Moorland Medical Centre**

Dyson House, Regent Street, Leek, ST13 6LU www.moorlandmedicalcentre.co.uk

Tel: 01538 399008

#### **Park Medical Centre**

Ball Haye Road, Leek, ST13 6QR www.pmcleek.nhs.uk

Tel: 01538 399152

#### **PCN Contacts**

#### **Clinical Director**

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# Leek & Biddulph Primary Care Network



### What is Leek and Biddulph Primary Care Network (PCN)?

- It is the five GP surgeries in Biddulph and Leek working together with a range of local providers, including community services, social care and the voluntary sector, to offer more personalised, coordinated health and social care
- We are small enough to maintain the traditional strengths of general practice but at the same time large enough to provide resilience and support the development of new teams
- We have a collective patient population of just over 50,000
- There is recognition that the two geographic areas of Biddulph and Leek will at times have differing healthcare needs, and flexibility in health service provision has been built into the PCN design to accommodate for this

## What difference does the primary care network make to the patient?

- We provide care in different ways to match different people's needs. This includes access to advice and support for 'healthier' sections of the population, and joined up care for those with complex
- Extra services are offered locally at each GP Practice and there is no need to travel outside of your normal GP Practice area
- We recruit extra specialist clinical staff to work alongside existing practice staff.
   Including Social Prescribers, Pharmacists, Dieticians, Occupational Therapists and Physiotherapists
- We offer improved access to services and extend the range of current services available to you

#### **Values, Visions & Aims**

#### Our Core Values

- We will demonstrate respect and have the high standards of integrity
- We strive for continuous improvement and are accountable to our patients
- We welcome patient engagement

#### **Our Vision**

- To bring better health care to residents in Leek & Biddulph
- To improve the quality of life for patients

#### **Our Aims**

- To develop the GP practice teams and make them fit to take the NHS into the future
- To use data, technology and local knowledge to find the best health care solutions
- To work together to ensure we provide good care for both patients and staff whilst continuing to maintain the independence and individuality of each member practice

## The following services are now available in your GP practice

#### Dietitian

- Can provide dietary advise to aid with weight reduction to patients with BMI>28kg/m² (18 - 50 years)
- Can provide specialist advice on a therapeutic diet for long term health conditions (i.e., COPD, coeliac disease, hypertension, inflammatory bowel disease, poorly controlled type 2 diabetes)
- Deliver tips on good nutrition and hydration to help minimise risks of falls among the frail and elderly
- Provide Carer education and support to care homes to optimise residents nutritional status

#### **Occupational Therapists**

- Can provide a holistic assessment for patients ages 16+
- Enable patients living with a range of physical and mental health difficulties to overcome barriers which are preventing them from participating in daily activities
- Provide and early intervention service to support independence and reduce disability that may be caused by health conditions
- Work with patients to improve their health and wellbeing. Particularly these with early frailty, those off work looking to return and those with early stages of mental health difficulties or cognitive impairment.