



Trinity Medical Centre

Your Health Matters to us

Patient Newsletter - January 2024

Happy New Year!

The practice would like to wish all our patients a happy new year. We have many exciting things coming in 2024 and we can't wait to share them with you.

We aim to publish a new addition of this newsletter every quarter to keep patients in the know about what's going on at the surgery.

2024

Surgery Closures

The surgery will be closed on the following afternoons from 12PM for training purposes

Wed 17th January
Wed 21st February
Wed 13rd March

The surgery will be closed on the following days for UK Public Holidays

Monday 1 January
Friday 29 March
Monday 1 April
Monday 6 May
Monday 27 May

New GP Partner

Dr. A Benning recently became an Associate Partner at Trinity Medical Centre. He joined our practice in 2021 and we look forward to his future at the surgery.



Walking Group

Would you like to increase your activity levels but don't know where to start? These drop in walking sessions could be a great place to start!

A beginners session Monday 11-12 for anyone just starting, recovering from injury or illness.

Intermediate session Thursday 11-12 for those who do some activity but want to increase or want to improve motivation to do more.

Contact Taz on 01924 552181 for more info.



Menopause Cafe

We hold a monthly menopause Cafe, the next upcoming cafe will take place on

Monday 29th January - 12PM
at Trinity Medical Centre

Future dates will be posted on our website, social media pages and notice boards in the surgery.

Menopause matters



Long Term Conditions

Do you live with a long term condition such as asthma, diabetes, COPD or hypertension, Is your birthday approaching? You may have received an invitation for your Annual Long-Term Condition Review.

Here's how it works:

- You'll receive an invitation for a face-to-face appointment during your birthday month, where a healthcare assistant will conduct various assessments, including blood tests, blood pressure checks, and other physical examinations related to your long-term condition.
- If necessary, the Healthcare Assistant will schedule a follow-up appointment with a practice nurse who specializes in your specific condition.
- After completing all necessary checks, our pharmacy team will conduct a structured medication review to ensure that your medications are optimized and authorized for repeat prescriptions until your next annual review.
- If you're overdue for a review, we may invite you in for an earlier assessment.



GP Patient Survey 2024

In early January, around 2.5 million randomly selected people registered with GP practices will be invited to answer a GP Patient Survey questionnaire about their experiences. The survey will be live for 3 months, with fieldwork closing at the end of March.

The findings help to show what's working and what needs to improve. The survey is carried out securely and information published does not identify individuals.

If you receive an invitation, please do take the time to take part and have your say so we can deliver the best possible service to patients. If you need support completing the survey or need it made available in another language or format, you can call the free helpline number 0800 819 9135.

For more information about the survey, visit the GP Patient Survey website at <https://www.gp-patient.co.uk/>

