



# STOP SMOKING

## North Northants



12 Weeks of FREE  
behavioural support



Tips and advice  
on how to quit



Face to face and  
telephone appointments



A course of nicotine  
replacement therapy



Electronic  
cigarette starter kit  
and a 12 week  
supply of E-liquid



Telephone

**0300 126 5700**

Email: [smokefree@northnorthants.gov.uk](mailto:smokefree@northnorthants.gov.uk)



@smokefreenorth



North  
Northamptonshire  
Council