

LET'S GET MOVING

One Leisure St Neots

5pm - 6pm

Thursdays
Starting 27th April 2023

A 12-week activity course for inactive adults with a BMI over 27.5.

Improve your fitness, socialise, learn new skills and ultimately improve your overall wellbeing.

If you are a patient of one of the below surgeries, you are eligible to sign up!

Lakeside at St Neots
St Neots Health Centre
Great Staughton Surgery

To sign up, please visit www.huntingdonshire.gov.uk/letsgetmoving

