

## OUTREACH TEAM INFORMATION & SUPPORT SERVICE







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Value colleague Respect Compassion Professionalism

### **Walsall Palliative Care Centre**



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Care at home

Partners

Safe, high quality care



### **Patient Information & Support Centre** Located at The Walsall Palliative Care Centre, Goscote Lane NHS Trust







## Walsall Palliative Care Centre Located on Goscote Lane, Walsall WS3 1SJ



Walsall Healthcare MHS Trust

The Walsall Palliative Care Centre delivers high quality medical, nursing and therapy care for local people living with cancer and other serious illnesses, as well as offering support for their families and carers.

Some of your Outpatient appointments may take place here, such as Complementary Therapies or Lymphoedema.

Further information is available

Partners

Value

colleague

rom your healthcare

professional

Care at home

Safe, high

quality car

Becoming your partners for first class integrated care

#### **Outreach & Support** Walsall Healthcare Walsall Palliative Care Centre, Goscote Lane **NHS Trust** OUTREACH Reassurin Black g and Minority building Ethnic patient Cancer and carer Support confidenc Group e Support for carers and Support during any other extended hospital treatment family members who or outpatient may need a listening appointments ear **Patient / Carer** Signpost Information **Referral to other Health & Social Care** Support Services **Outreach Support Listening Ear** Drop in for a cuppa and a chat in confidence

# **Bowel Screening**

Walsall Healthcare MHS

**BOWEL CANCER SCREENING TO START EARLIER - AGE 50** 

Bowel cancer screening to start earlier, at age 50 in England.

Public Health England has announced. It said evidence showed that screening people at a younger age would allow more bowel cancers to be picked up at an earlier stage.

Currently, men and women in England are first invited for screening at the age of 60 and sent a home testing kit.

The change brings England in line with Scotland where bowel screening is automatically offered from 50.

#### HALF OF OVER 60S 'IGNORE BOWEL CANCER SCREENING

Half of people in England sent a home-testing kit for bowel cancer in 2015 did not use it, according to research in the European Journal of Cancer. Fewer men than women returned the kits, which are de-signed to detect the disease before symptoms appear.

The current screening kit requires small stool samples to be posted for screening in specially sealed envelopes.

Cancer Research UK said it was very concerned by the figures.

In 2015, only 49% of people aged 60-64 who received a home test kit for the first

If you have received your screening letter/ kit and you have chosen not to uptake your screening we would like to know what has put you off? Please contact us to discuss in confidence, Tel: 0800 470 1660.







# Cervical Cancer is preventable

#### Cervical screening saves approximately 5000 womens' lives annually in the UK.

www.cancerscreening.nhs.uk

The most common Cancer in women aged 25-29 and the second most common Cancer in women under 35 years old in Europe. 1000 women die due to Cervical Cancer each year.

Cervical Cancer is preventable in the majority of cases through cervical cytology screening and vaccination against HPV (Human Papilloma Virus).

Cervical cytology screening is available to women aged 25 - 64, if you haven't been screened, contact your GP or Practice Nurse. For more information contact the Cervical Cytology Outreach Nurse on 07814 986176





NHS Trust

## Look Good Feel Better

- → Helping to improve wellbeing.
- → Helping to support women with cancer.
- → Helping to build confidence around body image.
- → Free one off workshop held at the Palliative Care Centre.
- Trained Volunteer Therapists explain skin care and using makeup effectively.

#### **SELF REFERRAL REQUIRED**

Please come and speak to a member of staff in the Information & Support Services Centre.

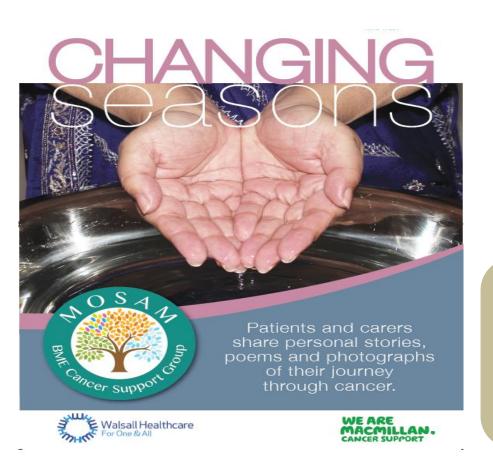
*"It's not just about a bit of makeup, its not vanity....it's about control. It gives women the strength to fight this horrible disease......"* 



## MOSAM B.M.E. Cancer Support Group

The word 'MOSAM' means 'changing seasons'.

The SUPPORT GROUP meet once a month to reflect on their journey, share stories and voice concerns.



Everyone's EXPERIENCE of cancer is a different one.

How people within the BME (Black Minority Ethnic) community are affected. How to inspire others and overcome taboos and stigma.

FOR FURTHER INFORMATION CONTACT:

INFORMATION & SUPPORT SERVICES Walsall Palliative Care Centre, Goscote Lane, Walsall, WS3 1SJ Tel: 01922 602610 or E-mail: ciss.enquiries@nhs.net



NHS Trust

Supporting our patients and their families

Information, signposting & referral

Engaging with the community

**Raising awareness of NHS Screening Programmes**