



Peer Inside

Bereavement peer support

Compassionate Cuppa with space to grieve.



Loss

Disbelief

Anger



Acceptance

Happiness

Healing



The social prescribers will be holding bereavement support sessions.



At The Coffee Barn

**3 Crescent East,
Thornton Cleveleys,
FY5 3LU**

Please RSVP

01253 955411

Friday 2nd February

Friday 1st March

Thursday 28th March

Friday 26th April

2:30-4pm