



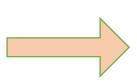
## Peer Inside

## Bereavement peer support

Compassionate Cuppa with space to grieve.



Loss
Disbelief
Anger



Acceptance
Happiness
Healing



The social prescribers will be holding bereavement support sessions.



At The Coffee Barn

3 Crescent East, Thornton Cleveleys, FY5 3LU Please RSVP **01253 955411**  Friday 2<sup>nd</sup> February
Friday 1<sup>st</sup> March
Thursday 28<sup>th</sup> March
Friday 26<sup>th</sup> April
2:30-4pm