

Structured Medication Review

Patient Information Leaflet

Date and Time appointment booked: _____

What is a structured medication review?

A structured medication review is a meeting to discuss your medicines with a Clinical Pharmacist, who works within our GP Practice. The meeting is an opportunity to check that your medicines are the best ones for you. It is also an opportunity for you to ask questions and find out more about your medicines and your health conditions together. Its purpose is to check that you are getting the best from all of your medicines and will take approximately 20-40 minutes depending on the number of medicines you take.

The meeting is confidential. Whoever you talk to, the details will be kept private. You can speak openly about any worries you may have about your medicines and the Clinical Pharmacist conducting the medication review will listen to you. A record of the meeting will be added to your medical notes. No medicines will be altered without your agreement.

Benefits of attending a medication review:

You will have the opportunity to:

- Find out more about your condition(s) and medicine(s)
- Tell a Clinical Pharmacist how you feel about your treatment
- Ask if you are taking the most appropriate medicines for your illness and how best to take your medicines.

Before your medication review:

Think about any questions, concerns and suggestions you have about your medicines and write them down. Here is a list of questions that you could ask at your review. These are only suggestions; you can ask your own questions during the review.

- What does this medicine do?
- Why is it important to take the medicine?
- What other treatment options are available?
- When and how should my medicine be taken?
- How long should I take my medicine for?
- What should I do if I don't feel well when taking my medicine?
- What are the possible risks or side effects of taking my medicine and what should I do if I get one of the side effects?
- Does this medicine interact with anything?

What happens after a medication review?

- Your regular doctor will be informed of any changes agreed to at the medication review.
- The medicines you are prescribed may change; but only with your agreement.
- A summary of the meeting will be entered into your medical record.
- You can agree any future treatment requirements, (tests, referrals to other health professionals etc.) at the end of the meeting.

Patient Feedback

From a patient perspective, 'Mrs. G' is taking multiple medicines. She received a letter inviting her for a structured medication review. She met with the clinical pharmacist to have her medicines reviewed at her GP surgery, and left feeling better and more confident as a result of changes to her medicines made by the pharmacist. This resulted in an improved quality of life – so much so her friends are asking, when might they have access to a clinical pharmacist in their GP practice? 'Mrs. G' now understands her medicines better as the pharmacist was able to spend time with 'Mrs. G', to discuss all her health conditions and medicines together in one appointment.

Patient feedback on NHS England