

# 5 reasons to vaccinate your child against flu

- The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record
- The nasal spray is painless and easy to have
- Flu can be really serious, especially for children with medical conditions like heart disease and diabetes
- If your child gets flu you may have to take time off to look after them
- Protecting your child can stop flu spreading to other children and the family, especially babies and grandparents, who may be at higher risk from flu.

## What should I do?

This year all 2-, 3- and 4-year-olds and children in school years 1 and 2 are being offered the free flu vaccination.\* You will be contacted to let you know where your child will be vaccinated.

\* In some parts of the country, all primary school-aged children will be offered the vaccine.

For more information visit: [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

**Flu**  **mmunisation 2015/16**

Helping to protect everyone, every winter