| Well who knew where we would be when we sent out the last Newsletter in February! I hope you and your families are safe and you are coping with all the upheaval to your professional life. Dr Nadia Anderson | **New starters**  Sharon Ness joined us on 24th March (very start of lockdown!) as a Patient Ambassador covering Fahima whilst she is on maternity leave. She has been working closely with Shaun and is keen to get out meet you all once it is safe to do so.  **sHARON nESS**  **LISA GILDEA**  Lisa Gildea joined us on 20th April as our Integrated Nurse (with LCH) and has been working alongside Mel Canavan. She too will be out to meet you all very soon. | **Contents**   1. Welcome from CDs 2. New Starters & Goodbyes 3. PCN workforce 4. DES - Care Homes Provision 5. New Social Deprivation & Inequalities project 6. Update on current services being delivered   Florence Applegate joined Onemedicare on 1st June as the Practice Coordinator for Shakespeare Medical Centre. We look forward to meeting her soon.  C:\Users\Remote\Pictures\florence (2).png  **FLORENCE APPLEGATE** | BHR PCN  July 2020  ***Our principles, keep staff safe, support each other and protect patients***    We are in the process of recruiting 2  Pharmacists and 1 Pharmacy Technician.  We have had some excellent applications  And the interview dates have been set for  1st & 8th July.  We have also been allocated a HCA/Social  Prescriber but have no employment details  or start date as yet.  An apprentice community support worker  has been employed jointly with Leeds CC  however the start date has been delayed  due to the Covid 19 outbreak.  A lot of detail still needs to be worked around  the logistics of these new staff; who, how and  where will they be inducted and based?  Who will be their line manager and mentor?  More details to follow in due course. |  |  |
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| **DES – Care Homes**  **We have formed a small task & finish group to ensure the PCN meets the DES requirements and deadlines.**  The first meeting has been held where we established the PCN’s internal position to define and shape our approach. We discussed/considered:   * Potential barriers- alignment and management of patients * Operational considerations * Care Home barriers * Funding Considerations * Design Issues -resource, requirements of the DES, other stakeholders, workforce.   Members of the group were to look at financial modelling around the 4 potential models. In the meantime, work is happening around stakeholder identification, PCN boundaries and mapping.  The group is due to meet again in the next couple of weeks.    **Deprivation & Health Inequalities project**  Social deprivation has always been an issue for our patients in BHR PCN but since Covid 19 this has become an even greater issue. The PCN saw the opportunity to create a core group to tackle local issues with a view to improving our patients’ lives.  Initially there will be 3 work streams to this project:   * Deprivation & Inequalities Steering Group * Releasing Time to Care * Nurse Workforce Development   A meeting was held on 24th June for the wider audience which was well attended. Thanks to those who engaged and contributed to the meeting. The group will meet again in a few weeks to discuss progress made. Anyone with an interest in this project are encouraged to attend future meetings. | Update on our current services; what’s been happening  INTEGRATED NURSE  Lisa is jointly funded with LCH and our PCN. She will be working for the population as a whole rather than for the individual organisations. She will act as a conduit between the practices and LCH and enable relationships to grow between them. She will also integrate with other organisatons such as Leeds CCG, 3rd Sector and the Voluntary sector.  This is a new and exciting role but due to Covid 19 she has had to “go with the flow”. She has been busy developing the role alongside Melissa Canavan. In the next few months Lisa will be making contact with your teams and building relationships.  Initially there will be 4 focus areas; Care homes, Early cancer (both linked to primary care DES), HATCH population health management focusing on frailty and diabetes and Post COVID reviews.  Lisa's development plan from the PCN side, is to focus on leadership and quality improvement skills and complete the diabetes diploma. In the future she could look at group consultations etc.  *Please get in touch if you have an ideas, suggestions or questions, please can you share this information with your admin team and GPs.* | **Mental Health Lead Nurse**  Over the past 12 weeks Miranda has been holding 1:1 telephone consultations with patients, offering therapeutic mental health support sessions. She has been holding regular sessions or has supported referrals to IAPT/LMWS/PCMHT for longer term treatments.  She has also signposted to additional services such as Touchstone MHSWs and some patients have been supported by the patient ambassadors or Linking Leeds if they had specific benefits/ housing etc. related advice.  She has been building therapeutic relationships with our patients, with a keen view to growing engagement and securing a foundation to building a strong group work programme when lockdown is over.  She has involved Crisis Team when necessary and liaised with the Police, Adult Social Care and Child Safeguarding when necessary also for some patients, ensuring the adequate support is in place for risk management, when identified. She has often worked with the GPs to ensure that she is working within guidelines.  She has looked at workplace wellbeing, offering mental health support sessions to staff. Alongside this she has organised a ‘compliments raffle’ to practice team building at Bellbrooke and also gathered donations to create gift bags for staff throughout the PCN, hand delivering a bag for each staff member to each surgery with a little note to support them feeling valued in their role. Workplace wellbeing is something she would certainly like to look into more throughout this time when referrals start dying down.   * **Referrals taken from GPs/Nurses/HCAs and self-referral from patients.** * **She would like to start seeing patients face to face towards end of July** * ***Please book patients into her rota on the hub in the usual manner, tasking when necessary to query.*** |
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**Respiratory Lead Nurse**

Before Lisa started in post, Mel reviewed the highest risk patients; who had an exacerbation or hospital admission with asthma or COPD to ensure they were optimally managed. She then got data from RAIDR to find high risk patients to focus on for review. For the past few weeks she has been working with Lisa helping to plan and develop her role.  Mel is waiting for guidance as to when she can see your respiratory patients for face to face reviews and is looking forward to seeing you all again soon.

***No patients should be booked into the hub until advised otherwise.***

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**Physios (First Contact Physios FCP)**

The contract expired in March at start of lockdown. We are now in talks with LCH to sign a new contract and start F2F appointments along with some telephone reviews, hopefully by September 2020**.**



**Integrated Wound care**

The integrated wound nurse has been doing F2F appointments for some time and reminders have been sent out; they are very quiet right now so would welcome the business.

***Please book patients via the HUB in the usual way***

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**Patient Ambassadors**

Since Sharon started she has been doing her induction and mandatory training, as well as the required induction at Hamara. She has carried out Covid 19 welfare checks by telephone on high risk patients as well as supporting other patients, alongside Shaun. She has contacted her allocated Practice Managers to set up practice visits and encouraged staff to send her referrals as previously done pre Covid. She is currently doing the smoking cessation on-line training.

Over the last 12 weeks Shaun has made weekly follow-up calls with several patients who are active on his caseload, checking how they are mentally and offering advice on how to sustain their mood during lockdown. Referrals are lower in number compared to pre-lockdown, but a steady flow of referrals are still being made. All contacts have been telephone consultations only. He has also been responsible for the induction of 3 x new Hamara PA’s for six weeks, as all other Hamara staff are working from home (Sharon has also assisted with this).  Any future plans to see patients F2F is subject to the practices and guidance from the Government.

***Practices should continue to book appointments into the rotas on the hub in the usual manner***

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*Hello, I’m Richard Lamb and I am one of the new primary care mental health practitioners working for the PCN 4 days per week. I am a qualified person centered counsellor and clinical supervisor and for the last 2 years have been the counselling coordinator for Leeds Mind. I am very much looking forward to meeting and working with everyone”.*

**Services on hold**



**BBV**

Suspended due to Covid

**Community Cancer Support Service**

Suspended due to Covid

**Sexual Health Clinic**

Suspended due to Covid. We are looking to pick this back up but as Sarah (the lead on this) is leaving it will depend on the interest from other nurses

***Updates in the next new Newsletter***

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**Leeds Mental Wellbeing Service (Amelia Letima)**

Primary Care MH staff has been continuing to see patients remotely during lockdown.  Since launch for the PCN in January we have had 213 referrals and referrals from all the PCN practices.  73% of these patients have so far had an intervention from the team.  Some of the MH support staff have been calling patients on MH Registers during lockdown to ensure they are still well and linking in to sources of support.

LMWS are not yet in a position of moving back to F2F appointments but will be working towards having some F2F contact by September

**Primary Care MH Staff Update**:

Unfortunately we have had Rosie on sick leave for some weeks – currently the MH specialists Lucy and Keely from Chapeltown PCN are covering in her absence.  Hopefully Rosie will be back in July.

Katie Lee has moved on to another LMWS role and is being replaced by Richard Lamb.  Aman Keflay has come into the team as MH Support worker.

**Richard Lamb**



**Aman Kaflay**

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*I’m Aman Keflay, Primary Care Mental Health Support Worker with the Leeds Mental Wellbeing Service. I speak community languages.  My background is working with the Homeless, transient, temporary accommodated people, refugees and asylum seekers.  I’m based within the BHR PCN. I am passionate about inclusion and delivering personalised support to individuals within mental health services.*