## What is a care navigator?

A care navigator will make sure you get help from the right person at the right time.

To do this, care navigators will need to ask why you are calling so that they can arrange the right care or support for you.

Care navigators have been trained to keep information confidential and to provide a safe service.

**Physio** 

Nurse



Pharmacy

If you have any questions, please speak to a member of our team