YOUR POO CAN SAVE YOU

Do your FREE NHS bowel cancer screening test. It's a lifesaver.

8 out of 10 people who develop bowel cancer are 60 and over. **If you're aged 60 to 69** you'll receive an NHS bowel cancer screening test in the post.

Screening helps detect the disease early, before any noticeable symptoms. This increases the chance of effective treatment. The test is free, easy and done in your own home.

To find out more, call the **FREE** NHS Helpline on

0800 707 6060

or visit **www.leedssouthandeastccg.nhs.uk/bowelcancer**

Improving the health and wellbeing of our community