

Public Health Brent Health Matters NHS

Health and Wellbeing events

Pop-up Schedule February 2024

Correct at: 1300 25rd January 2024

Sandhya Thacker, Michelle Hope & Scott Simon



Brent Health Matters – Health and Wellbeing Events for February 2024

Date/Time	Location	Event Theme/Information	Lead/Support	Comms
Friday 9th February 2024 10am-4pm Set up 9am	The Drum Civic Centre HA9 0JF	West London Employment EXPO Health Promotion Expected numbers 300 plus	BHM: BHM CNWL: PH:	Lead Officer:Sandhya
Monday 12 th February 2024 10am-1pm No Health Checks	The Kiln Theatre 269 Kilburn High Rd, London NW6 7JR	KILN warm space, Kilburn SUFRA – food bank contribution	BHM Clinical: No Health Checks BHM: Alexia BHM CNWL: HEs x 1: Abubakar PH:	Lead Officer: Alexia

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Tuesday 20th February 2023 1pm-3pm	St George's Church 970 Harrow Rd, Wembley Middx HA0 2QE	St Georges Healthy Living Workshop in collaboration with Public Health	BHM: Maryam, Nazia BHM CNWL: Sunita PH: Hannah	Lead Officer: Maryam, Sunita, Hannah
Wednesday 21st February 2024 10am-1pm	The Vale Pentland Street NW6	HWB Event with Asma Community Group <ul style="list-style-type: none"> • Healthy eating & Physical activity advice • Emotional Wellbeing support • Physical activity taster session 	BHM Clinical: Confirmed BHM: Alexia BHM CNWL: HEs: Dipeeka,Tasleem PH:	Lead Officer: Alexia
Wednesday 28th February 2024 1.00pm-3.00pm	Lindsay Baptist Church The Mall Kenton HA3 9TG	Regular Monthly Health Promotion Event <ul style="list-style-type: none"> • Emotional and Mental Health support • Housing Support • Employment Support 	BHM: Betania BHM CNWL: Zubeyda	Lead Officer: Nazia,Zubeyda

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Wednesday 28th February 2024 TIME TBC	Bakkavor – Premier Park site	HWB Event with Health Checks <ul style="list-style-type: none"> • Healthy eating & Physical activity advice • Emotional Wellbeing support • Physical activity taster session <i>Expected numbers: 80 plus</i>	BHM Clinical: BHM: BHM CNWL: HEs: Dipeeka, Payal PH:	Lead Officer: Comms, marketing and promotion: BHM to prepare flyer for Bakkavor