

**CARERS  
TRUST**

Cheshire and  
Warrington



Cheshire West Carer Support

**Are you looking after someone who  
couldn't manage without your help?**

Support for Parent Carers	Support for Working Carers	Benefits Support and Advice	Training to support Carers
Carer Support Groups	Activities and Events for Carers	Regular Blog	Information and Advice
Personal Budget to act as a Break	One to One Support	Newsletter	Financial Assistance

Register to access Carer information and our support services. Simply complete the registration form within this form and return it to your GP Surgery.

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**Carer Helpline: 0300 102 0008**

**Monday—Friday 9am to 5pm**  
(answer phone outside of these hours)

146 London Road, Northwich CW9 5HH

**Visit our website for full details:**

**<https://cheshireandwarringtoncarers.org/>**



### **Who is a Carer?**

Carers provide support to someone who needs extra help to manage day-to-day life. A carer is someone who, without payment, provides help and support to a partner, child, relative, friend, or neighbour who could not manage without their help. This could be due to age, physical or mental illness, addiction or disability.

### **Why should my GP surgery know I am a Carer?**

**All GP surgeries in Cheshire West and Chester record the names of carers. This information can help your surgery to:**

- Early intervention of carer health problems may lead to faster treatment and improved health outcomes.
- Timely identification and registration of carers to make it easier to offer health checks and screening , flu jabs, to maintain good physical & mental health.
- Improving physical health and emotional wellbeing of carers can lead to reduced demands on services and also may lead to saving in a GP's prescribing budget.

**Cheshire and Warrington Carers Trust is the lead provider of Cheshire West Carer Support Services. We have resource centres in Northwich and Chester to provide the core elements of the service such as:**

- Carers Helpline Monday to Friday 9am - 5pm
- Benefits advice, form filling and advocacy
- Early Identification of Carers in Primary Care
- Events and Activities for Carers
- Carers training programmes
- Newsletters and Blogs

## Carer Registration Form

I would like it recorded on my personal medical records (and where applicable of the person I care for) that I am a carer.

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Postcode: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Ethnicity: \_\_\_\_\_

GP Surgery: \_\_\_\_\_

Date of birth of person with care needs: \_\_\_\_\_

Main health condition of person with care needs: \_\_\_\_\_

Relationship to person with care needs: \_\_\_\_\_

Are you currently in paid employment: (Full, Part Time, No) \_\_\_\_\_

We need to ask your permission to record your details. Your information will be stored and accessed by Cheshire and Warrington Carers Trust staff, paper copies of your data will be stored securely. As this service is part funded by Cheshire West and Chester Council they ask that we provide statistical information of carers for monitoring purposes.

I give consent for my details to be passed to Cheshire and Warrington Carers Trust and for them to store my details and provide information to me about their services.

I give consent for Cheshire and Warrington Carers Trust to share statistics information and monitoring purposes with Cheshire West and Chester Council.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**You can withdraw your consent at any point by contacting us directly.**

**See reverse for returning this form.**

## Providers of the Service

Services may be subject to change. You can view updated service availability on our website or by contacting our helpline.

**Cheshire West Carer Support Service** is the specialist support service for adult carers living in Cheshire West and Chester, it is a collaboration between six voluntary sector organisations.

**Cheshire and Warrington Carers Trust** is the leading provider of information and advice services.

**Alzheimer's Society** provides support for carers of people with dementia.

**Making Space** provides support for carers of people with mental health issues and carers of people with a learning disability.

**Rural Community Services (Opal), The Neuromuscular Centre, and Crossroads Together** provide specialist respite services enabling carers to take a break from their caring role.



Delivered and Supported by Cheshire and Warrington Carers Trust.

Please give the Carer Registration Form to your GP Surgery. They will update your GP records to show you have registered as a carer. Your form will then be passed to Cheshire and Warrington Carers Trust who will contact you directly.

Cheshire and Warrington Carers Trust is a trading name of Cheshire and Warrington Carers Centre. Registered Charity No. 1092606 and a Company Limited by Guarantee No. 4172914

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