

# New Prescribing Policy in Dudley

## The following products will no longer be prescribed by your GP:

### Pain Relief

- Co-proxamol

### Chronic Pain

- Targinact®
- Tramacet®

### Cough mixtures e.g.

- Benylin cough products
- Codeine Linctus
- Covonia cough products
- Meltus
- Pholcodine Linctus
- Simple Linctus
- Sudafed cough products

### Products used for eye care e.g.

- Blephaclean Eye Lid Wipe
- Lid-Care Eyelid Wipe
- Optrex
- Supranettes
- Refresh Opth Soln 0.4ml Ud Ster
- Eye Cleansing Wipes
- Meibopatch

### Health supplements and vitamins e.g.

- Products containing glucosamine
- Products containing chondroitin
- Products containing fish oils i.e. Cod-liver oil
- Products containing co-enzyme Q10
- Products containing Omega 6 and Omega -3 fish oils
- Products containing lutein i.e. Icaps, OcuVite, PreserVision, Macushield
- Nature's own, Natures aid
- Gojiberry extract
- Vitamin B Co Strong

### Herbal remedies e.g.

- St John's Wort
- Health Aid
- Kalms
- Nytol
- Bach Flower remedies

### Homeopathic remedies

### Sun Screen/Sun Care products

### Nasal decongestants

- Menthol & Eucalyptus Inhalation
- Xylometazoline Nasal (0.05% Drops & 0.1% Spray)
- Otrivine (Nasal Drops & Spray)
- Sudafed Tabs & Elixir
- Pseudoephedrine 60mg Tabs
- Galpseud Tabs & Linctus
- Pseudoephedrine 30mg/5ml Linctus
- Vicks Vaporub

### Rubefaciants for aches and pains e.g.

- Algesal
- Balmosa
- Deep Freeze
- Mentholatum
- Radian B

### Sore throat lozenges and sprays e.g.

- AAA Sore Throat Spray
- Difflam (Throat Spray & Rinse)
- Covonia Throat Spray
- Dequadin Lozenges
- Ultra Chloraseptic Spray
- Dequaspray
- Tyrozets Lozenges
- Merocaine Lozenges
- Strepsils Lozenges
- Merocet Lozenges
- Bradasol Lozenges

### Hypertension

- Doxazosin MR

### Acne

- Minocycline

### Perindopril arginine salt for hypertension and heart failure e.g.

- Coversyl® Arginine
- Coversyl® Arginine Plus

### Hayfever

- Antihistamines

### Erectile dysfunction

- Tadalafil Tab 5mg

### Liothyronine

### Travel vaccines (some) e.g.

- Hepatitis B for Travel
- Japanese Encephalitis
- Tick-borne Encephalitis
- Meningococcal Meningitis
- Rabies
- Tuberculosis
- Yellow fever

### Multiple sclerosis

- Sativex®

### Dry skin products e.g.

- Bio-Oil Skin Care Oil
- Coconut Oil
- Products containing Dexpanthenol (Bepanthen baby protective ointment, Nivea SOS products)
- Flexitol Products
- E45 Foot & Heel Cream
- Glucosamine Gel
- Senset Skin Cleansing Foam
- Skin Salvation Ointment
- Vitamin E Cream
- Silk Garments

### Dental & Sore mouth Products e.g.

- Sodium fluoride mouthwash, oral drops, tablets & toothpaste (including the brands: Colgate, En-de-Kay, Fluor-a day, fluorigard)
- Oraldene Mouthwash
- Hydrogen Peroxide Mouthwash 6%
- Peroxyl Mouthwash 1.5%
- Benzylamine Hydrochloride mouthwash & spray (including the brands: Difflam, Oroeze)
- Chlorhexidine gluconate mouthwash, oral spray & dental gel (including the brand Corsodyl)
- Anbesol gel & liquid
- Bonjela products
- Iglu gel
- Rinstead pastilles

*This list is not exhaustive and is subject to change.*

Thank you for helping your NHS