

## Manchester University

# FIRST CONTACT PRACTITIONER (FCP)

## What is a FCP?

- A highly skilled MUSCULOSKELETAL practitioner
- Expert in assessing and diagnosing bone, joint and MUSCLE pain
- Advanced clinical skills- identification of red flags and non-MSK MASQUERADES
- Referral for diagnostics/other services

### **Benefits of FCP**

- Rapid access to an expert MUSCULOSKELETAL practitioner
- Supports right patient, right clinician, first TIME
- Reduction in GP workload
- IMPROVED referral effectiveness
- Multi-disciplinary collaboration

# **FCP at Bodey Medical Centre: Asif Din**

Profession Physiotherapis

Clinic Friday

Appointment Times: 08.30-16.30

Appointments available via telephone, video or face-to-face

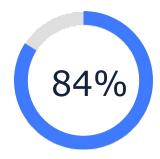


Appointments for MSK conditions in GP Practices

Highly satisfied patients with FCP Service in Manchester

Would recommend the FCP service in Manchester to family / friends







#### **Inclusion Criteria**

- Soft tissue injuries, sprains, strains or sports injuries
- Arthritis- any joint
- Muscle, ligament, tendon or bone problems (i.e. tennis elbow, ankle sprains)
- Spinal pain including lower back, midback and neckpain
- Spinal-related pain in arms or legs, including nerve symptoms (i.e. pins and needles or numbness)
- Post-Orthopaedic Surgery

#### **Exclusion Criteria**

- Acutely unwell
- Patients under 18
- Medication reviews
- Women's Health, antenatal and postnatal problems
- House-bound patients
- Neurological and respiratory conditions
- Headaches
- Acute mental health crises
- Patients who do not want to see a FCP