

# **Age Friendly Wythenshawe**

**FEBRUARY 2023 NEWSLETTER** 

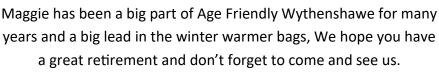


## HAPPY VALENTINES DAY



All at Wythenshawe Age Friendly want to say a big thank you and happy retirement to

MAGGIE KARWAT.





Download the app and find a lot of useful information about age friendly Wythenshawe and its partners. The next Age Friendly Meetings are at the Forum Library on 22nd February and 22nd March both 1p.m. till 3.p.m.

# **DOWNLOAD**OUR AGE FRIENDLY APP



- 1 Scan the QR Code
- 2 Read the instructions to add the 'APP ICON' to your homescreen





www.local-apps.co.uk/age-friendly-wythenshawe/





<b>Brooklands Library</b> Moor Road, M23 9BP	C P www.
WHP Lifestyle Centre Portway, M22 1QW	C O www.
St Richard's Peel Hall Rd, M22 5DH	C O www.
Sacred Heart Floatshall Road, M23 1HP	C O www.
Crossacres Age UK Peel Hall Road, M22 5DG	C P www.
Northenden Library 460 Palatine Road, M22 4DJ	C O www.
Tree of Life Centre Greenbrow Road, M23 2UE	C O www.
St Anthony's Dunkery Road, M22 0WR	C O www.
<b>Dandelion Centre</b> Oatlands Road, M22 1AH	C O www.
St Michael's Orton Road, M23 0LH	C O www.
Village 135 Hollyhedge Road, M22 4QN	C O www.
St Hilda's 66 Kenworthy Lane, M22 4EF	C P www.

Forum Library

Forum Centre, M22 5RX



## There's always a

# warm welcome at St. Wilfrid's Church!

Come and enjoy some warmth and a hot drink and light refreshments.

Open Church- every Sunday 12-2pm (drinks and refreshments free)

Coffee Morning- every 4<sup>th</sup> Saturday of the month, 10-11.30am (drinks and refreshments very reasonably priced)

St. Wilfrid's Church, Ford Lane,

# LOOK WHAT I FOUND IN NORTHENDEN AND STILL IN USE







#### Peer support for Parent/Carers of children with SEND

Are you a parent/carer of a child who may have special educational needs or disabilities? We know how isolating it can feel at times, especially when you may not know where to turn for support.

We meet weekly on Monday's at 10am - 12pm for a brew and chat at Wythenshawe Forum Library (First floor - Lift available)

> We would love you to come along. Find us on social media:







or contact us; 07591 078944 sensitiveparents@gmail.com



## MRS BEETON'S COOKERY





Chop4 oz of apples, weighed after being pared and cored, coarsely, add to them 4oz of breadcrumbs,4oz of currants cleaned and picked, 2 oz of sugar. The grated rind of 1/2 a lemon. A good pinch of nutmeg and salt, mix well together, then stir in a well-beaten egg. Let the mixture stand for about 1/2 an hour, then stir in a small teaspoonful of baking powder, add more milk if the mixture is at all stiff and turn into a well-greased basin. Steam about 3 hours and serve with sweet melted butter sauce.

#### THIS MONTHS QUIZ GUESS WHAT







## Answers to last month's

Pineapple

Type Writer

Golf Ball









# We're here to help

At United Utilities we're committed to keeping your water bills as low as possible while supporting you if you have payment difficulties. You can get in touch with us on 0800 072 6765.

## **Priority Services**

Extra support with your water services due to age, ill heath or disability.

Visit unitedutilities.com/priorityservices

### Get\o/aterFit

Our water saving items can be ordered for FREE and can help to reduce both your water and energy bills.

Visit getwaterfit.co.uk

## **Receiving Pension Credit?**

If you receive Pension Credit and you're struggling with your payments, we can offer you a discount on your water bill.

Please call 0800 072 6765

## Cheaper with a meter

Most customers save at least £150 a year when they switch to a meter. We fit them for free and you can switch back within two years if you don't save money.

Visit unitedutilities.com/meters

# Support with your bill payments

We have a range of financial support schemes if you're having payment difficulties, especially if you're receiving benefits or have a low income.

Visit unitedutilities.com/difficulty-paying-bill

One of the real pleasures of community volunteering for me has been meeting fellow residents who make a difference bringing joy to people's lives.

I met Kath Gregory via another community champion, her nephew Joe Farrar who has helped so many also.

I bumped into Kath whilst litter picking and she shared this beautiful framed piece with a message we can all take to heart 🐛







West View Court, West View Rd, Northenden, Manchester M22 4LQ.
Tel: 07549789747 Email: stephen@blockcinema.org
ON AT THE BLOCK – EVERY THURSDAY

(Times and occasionally days may vary, so please check our website www.blockcinema.org

FEBRUARY

2<sup>ND</sup> GLENGARRY GLEN ROSS 15

9TH AMELIE 15

16TH STRANGERS ON A TRAIN PG

23RD THE GOOD, THE BAD AND THE UGLY 18

MARCH

2<sup>ND</sup> DOCTOR ZHIVAGO PG

9TH DAMN YANKEES U

16<sup>™</sup> PULP FICTION 18

23<sup>RD</sup> AN INSPECTOR CALLS 12

30<sup>™</sup> PLANET OF THE APES PG

