

Minor Illness Hub – Patient information leaflet

The Hertford and Rurals PCN now runs a Minor illness hub to improve access and capacity for problems such as coughs, sore throats, urine infections - see below for a more detailed list.

We encourage you to access this service by sending an Econsult to your own practice. If you are unable to do this, contact your own Practice for assistance.

The hub will provide advice and telephone consultations to manage the minor illnesses leaving your practice to help with long term conditions and more complex health needs.

The hub also offers some face-to-face appointments when needed. These will be delivered from Castlegate Surgery in Hertford (SG14 1HH) between 9:30am and 6:00pm. There is no parking during the day, but it can be reached on foot from all of the town car parks.

Full inclusion criteria:

Urinary symptoms i.e. urine infections, cystitis, thrush
Coughs and colds, including blocked nose (nasal congestion) and Chest infections.
Sore throat and Earache
Hay fever, dry eyes and allergies
Eye infections, Mouth ulcers
Headache, migraine.
Skin conditions, such as acne, eczema, psoriasis, impetigo, athlete's foot
Vomiting, heartburn, indigestion, diarrhoea, Constipation, piles
and threadworms
Aches and pains
Rashes